

Probiotic Action Explains New Study from the Utah State University on how Probiotics May Help Weight Loss

The Utah State University recently released information that they are continuing studies to find whether or not probiotics could aid in weight loss. Fernando Perez of Probiotic Action, widely known for their probiotic acne cream, explains how probiotics aid in digestion and bodily functions.

Contact

Fernando Perez
Distinct LLC
305-740-5446
[Email](#)

Follow us on:

Miami, FL (PRWEB) March 10, 2013



With recent developments finding new uses for probiotics, many universities and laboratories are exploring how balancing good and bad bacteria in our system can affect our lives. Probiotic Action, known for [the best acne treatment](#), which uses probiotics to fight bad bacteria that creates breakouts, enlightens the public on why the new study being done at the [Utah State University](#) may help patients lose weight.



The report from the Utah State University cites that although probiotics have been boasted in the media as being "good for the digestive system", what they are really doing is decreasing inflammation, helping to break down food, and balance the bacteria in the intestines.

Fernando Perez, a spokesman for Probiotic Action explains how the new study may show favorable findings, "Probiotics promote overall digestion, that is the most basic understanding of what they do. The probiotics that are ingested, known as 'anaerobic probiotics' are very similar to the topical, or aerobic probiotics used in our acne treatment- they both seek out bad bacteria and pollutants and consume or destroy them without harming the rest of the body and its cells."

Perez went on to explain that ingesting probiotics regularly could allow the bacteria to attack oils, fats, and bad bacteria in the intestine, similar to the way they do in the pores of the skin, which would result in less build-up in the intestines, and allowing healthy food to be better absorbed.

In response to whether or not the new research will prove successful, Dr. Ward of the research team in Utah states, "People who are overweight tend to have different proportions of microbes. We're hoping to see a shift in that," adds Ward, "It will be interesting to see if that happens."

Probiotic Action is an advanced acne treatment that uses a topical probiotic containing the "good bacteria" that is naturally found on healthy human skin. By using probiotics, Probiotic Action is an effective treatment that restores the normal bacteria content on skin. Probiotic Action will successfully clear skin while protecting skin against bad bacteria, free radicals, and pollutants.

#####



[Please visit our website](#)

News Center

- Why PRWeb
- How It Works
- Who Uses It
- Pricing
- Learning
- Blog
- About Vocus
- Contact Us
- Partners
- Subscribe to News
- Terms of Service
- Privacy Policy
- Copyright
- Site Map



VOCUS

©Copyright 1997-2015, Vocus PRW Holdings, LLC. Vocus, PRWeb, and Publicity Wire are trademarks or registered trademarks of Vocus, Inc. or Vocus PRW Holdings, LLC.

- [Twitter](#)
- [LinkedIn](#)
- [Facebook](#)
- [Google](#)